

**Central Valley School District #356
Middle School Athletics
Cross Country Schedule 2021 (Final)**



**Season: March 8 – April 2, 2021 (20 Days)
5 Practices REQUIRED before 1st Contest**

Date / Day	SCHOOLS	Time	SITE
3/18 Thursday	Practice Meet	TBD by each school	Home
3/24 Wednesday	BOW, SELK EG, GR HOR, NP	3:45	SELKIRK GREENACRES NORTH PINES
3/31 Wednesday	HOR, GR, BOW EG, SELK, NP	3:45	HORIZON EVERGREEN

Cross Country Parent Protocols:

If you are attending a cross country meet at one of our CVSD facilities you are attesting to not having Covid-19 symptoms.

When you are on our school grounds, you must wear a proper face covering above your nose at all times.

If there is more than one person from the same household attending the meet, please stay together as a family, and maintain a minimum of 6 feet from people outside your household.

Please do not group up at the start/finish lines.

In order for middle school students to continue participating in sports, we must adhere to the safety protocols for cross country. We look forward to having you on our campus to root on your athlete, but please follow the guidelines to keep everyone safe at all times.